

# How to Examine My Experiences

As you look over each category, ask God to help you see which experiences he wants to use. Check all that apply. Don't minimize the ordinary ones—God uses them all.

## 1 — EDUCATIONAL EXPERIENCES

- High School Diploma
- Associate of Arts Degree
- Bachelor's Degree
- Master's Degree
- PhD / Doctoral Degree
- Specialized / Vocational Training
- Other: \_\_\_\_\_

## 2 — WORK EXPERIENCES

- Administrative Support
- Advertising / Marketing
- Agriculture
- Architecture / Design
- Automotive
- Computer / Technology
- Construction / Building
- Counseling
- Education / Teaching
- Entertainment / Media
- Finance / Accounting
- Fire / Law Enforcement
- Food / Restaurant
- Government / Public Service
- Healthcare / Medical
- Human Resources
- Law / Legal
- Manufacturing
- Military
- Non-Profit / Ministry
- Real Estate
- Retail / Sales
- Small Business Owner
- Social Work / Community
- Transportation
- Vocational Ministry
- Retired / Student
- Other: \_\_\_\_\_

## 3 — SPIRITUAL EXPERIENCES

- Baptized
- Member of Saddleback
- Member of a small group
- Led someone to Christ
- Gone on a mission trip
- Community / cross-cultural ministry
- Currently serving in ministry
- Regularly read the Bible and pray

# My Experiences — continued

## 4 — SERVING EXPERIENCES

### AGE GROUPS

- Infants / Babies
- Preschool / Elementary
- Jr. High / High School
- College / Career
- Young Marrieds / Couples
- Men / Women / Singles
- Senior Adults
- Family

### TEAM ROLES

- Administrative Support
- Bible Teacher / Discussion Leader
- Children's Team
- Communications / Tech / Graphics
- Disciple / Mentor
- Drama / Creative Arts
- Facilities / Setup / Teardown
- Food Prep / Hospitality
- Greeter / Usher / Welcome
- Missions / Outreach
- Musician / Worship
- Prayer Team
- Security / Traffic
- Small Group Leader
- Technical / AV Support

## 5 — PAST LIFE EXPERIENCES

These are the experiences God most often uses to build credibility and compassion in ministry:

- |   |  |   |
|---|--|---|
| <input type="checkbox"/> Abuse                  | <input type="checkbox"/> Depression / Anxiety      | <input type="checkbox"/> Mental Health          |
| <input type="checkbox"/> Addiction / Recovery   | <input type="checkbox"/> Disability                | <input type="checkbox"/> Military / Wartime     |
| <input type="checkbox"/> Adoption               | <input type="checkbox"/> Divorce                   | <input type="checkbox"/> Prison                 |
| <input type="checkbox"/> Bankruptcy             | <input type="checkbox"/> Extended Job Loss         | <input type="checkbox"/> Sexual Compulsion      |
| <input type="checkbox"/> Cancer                 | <input type="checkbox"/> Eating Disorder           | <input type="checkbox"/> Suicide of a Loved One |
| <input type="checkbox"/> Chronic Pain / Illness | <input type="checkbox"/> Homelessness              | <input type="checkbox"/> Widowed                |
| <input type="checkbox"/> Death / Grief          | <input type="checkbox"/> Infertility / Miscarriage | <input type="checkbox"/> Other: _____           |

*In all things God works for the good of those who love him, who have been called according to his purpose.*

**ROMANS 8:28 (NIV)**

### REFLECTION

Which experience from any category do you sense God most wanting to use in ministry?

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